

When Parents Die

When a loved one dies, children are faced with a kaleidoscope of feelings, thoughts, and questions. Struggling with these issues can be overwhelming without guidance, support, and creative forms of expression. This bereavement book contains simple, effective activities to help children and parents communicate about death and the grieving process. Through these activities, children will learn how to grow and thrive after the loss of a loved one. This book, which is written for children between the ages of five and twelve years, provides a resource that parents and caregivers can use to support and guide their children through the difficult process of suicide bereavement. Explaining suicide is not a task that parents are usually prepared for. Parents and caregivers often feel lost and overwhelmed at the prospect of having to discuss suicide with their children. Written from the perspective of a child, this illustrated story provides a fictional character for children to relate to. The story guides children through the difficult emotions they may feel, but often find difficult to express. It ends by reassuring children that they can survive the pain of their loss, even though it currently feels unbearable. Parents and caregivers should read this book with their children. This book provides a means to explain suicide and suicide bereavement in a way that children can understand, while also giving children permission to talk openly about their loss. The goal is to increase the sense of connection between parents and caregivers and their children and to help children feel understood and supported. In the supplementary parents guide, the author answers some of the common questions that arise for parents and caregivers, and covers specific examples of how they can respond to their children when discussing the suicide.

An arresting new cover look for this bewitching story in the best tradition of Dahl s dark tales.

18 children from age 7 - 17, speak openly of their experiences and feelings. As they speak we see them in photos with their surviving parent and with other family members, in the midst of their everyday lives.

ORPHAN, CLOCK KEEPER, AND THIEF, twelve-year-old Hugo lives in the walls of a busy Paris train station, where his survival depends on secrets and anonymity. But when his world suddenly interlocks with an eccentric girl and her grandfather, Hugo's undercover life, and his most precious secret, are put in jeopardy. A cryptic drawing, a treasured notebook, a stolen key, a mechanical man, and a hidden message from Hugo's dead father form the backbone of this intricate, tender, and spellbinding mystery.

In this moving and compassionate classic—now updated with new material from the authors—hospice nurses Maggie Callanan and Patricia Kelley share their intimate experiences with patients at the end of life, drawn from more than twenty years’ experience tending the terminally ill. Through their stories we come to appreciate the near-miraculous ways in which the dying communicate their needs, reveal their feelings, and even choreograph their own final moments; we also discover the gifts—of wisdom, faith, and love—that the dying leave for the living to share. Filled with practical advice on responding to the requests of the dying and helping them prepare emotionally and spiritually for death, Final Gifts shows how we can help the dying person live fully to the very end.

This new edition of When Parents Die will speak to bereaved children of all ages in a very accessible style. Rebecca Abrams draws on both her personal and professional understanding of parental loss to provide the reader with a compassionate and insightful exploration of the experience of losing a parent. When Parents Die has already established itself as an indispensable aid both to the bereaved seeking some understanding of their loss and to the many professionals who work with them. This new edition takes into account new research and theories and considers in more depth: “the continuing importance of the dead parent in one’s life “the critical role played by the surviving parent “the experiences of younger children “the impacts of divorce and adoption. Retaining its clear, direct and sympathetic style, this text will continue to appeal to the bereaved, their friends and family, counsellors, social workers, doctors, nurses and teachers.

The death of a parent marks an emotional and psychological watershed in a person’s life. For children and teenagers, the loss of a parent if not handled sensitively can be a lasting trauma, and for adults too, a parent’s death can be a tremendous blow. When Parents Die speaks to bereaved children of all ages. Rebecca Abrams draws on her personal and professional understandings of parental loss, as well as the experiences of many other adults, teenagers and children, to provide the reader with an honest, compassionate and insightful exploration of the experience of losing a parent. The book covers the entire course of grieving, from the immediate aftermath of a parent’s death through to the point of recovery, paying particular attention to the many circumstances that can prolong and complicate mourning, including sudden death. An indispensable aid to the bereaved and the many professionals who work with them, this book is written in a clear and sympathetic style. It has been fully revised for this third edition to take recent research into account.

[Notes on Grief](#)

[The Secret Garden](#)

[Finding the Meaning of Grief Through the Five Stages of Loss](#)

[The Grieving Teen](#)

[Activities to Help Children Cope with Grief & Loss](#)

[Loss of a Parent](#)

[What Ancient Cultures Can Teach Us About the Lost Art of Raising Happy, Helpful Little Humans](#)

[The Smart Stepfamily](#)

[How to Free Yourself and Your Family from a Lifetime of Clutter](#)

[The Sixth Stage of Grief](#)

[Before I Die](#)

A personal and powerful essay on loss from Chimamanda Ngozi Adichie, the bestselling author of Americanah and Half of a Yellow Sun.

In this groundbreaking new work, David Kessler—an expert on grief and the coauthor with Elisabeth Kubler-Ross of the iconic On Grief and Grieving—journeys beyond the classic five stages to discover a sixth stage: meaning. In 1969, Elisabeth Kubler Ross first identified the stages of dying in her transformative book On Death and Dying. Decades later, she and David Kessler wrote the classic On Grief and Grieving, introducing the stages of grief with the same transformative pragmatism and compassion. Now, based on hard-earned personal experiences, as well as knowledge and wisdom earned through decades of work with the grieving, Kessler introduces a critical sixth stage. Many people look for “closure” after a loss. Kessler argues that it’s finding meaning beyond the stages of grief most of us are familiar with—denial, anger, bargaining, depression, and acceptance—that can transform grief into a more peaceful and hopeful experience. In this book, Kessler gives readers a roadmap to remembering those who have died with more love than pain; he shows us how to move forward in a way that honors our loved ones. Kessler’s insight is both professional and intensely personal. His journeys with grief began when, as a child, he witnessed a mass shooting at the same time his mother was dying. For most of his life, Kessler taught physicians, nurses, counselors, police, and first responders about end of life, trauma, and grief, as well as leading talks and retreats for those experiencing grief. Despite his knowledge, his life was upended by the sudden death of his twenty-one-year-old son. How does the grief expert handle such a tragic loss? He knew he had to find a way through this unexpected, devastating loss, a way that would honor his son. That, ultimately, was the sixth stage of grief—meaning. In Finding Meaning, Kessler shares the insights, collective wisdom, and powerful tools that will help those experiencing loss. Finding Meaning is a necessary addition to grief literature and a vital guide to healing from tremendous loss. This is an inspiring, deeply intelligent must-read for anyone looking to journey away from suffering, through loss, and towards meaning.

‘A Khushwant Singh Short Story Is Not Flamboyant But Modest, Restrained, Well-Crafted&Perhaps His Greatest Gift As A Writer Is A Wonderful Particularity Of Description -London Magazine Khushwant Singh First Established His Reputation As A Writer Through The Short Story. His Stories-Wry, Poignant, Erotic And, Above All, Human-Bear Testimony To Khushwant Singh S Remarkable Range And His Ability To Create An Unforgettable World. Spanning Over Half A Century, This Volume Contains All The Short Stories Khushwant Singh Has Ever Written, Including The Delightfully Tongue-In-Cheek The Maharani Of Choctotapum . . . Written In 2008, Khushwant S Stories Entwirlk&He Has}An Ability Akin To That Of Somerset Maugham&The Ability To Entertain Intelligently -India Today His Stories Are Better Than [Those Of] Any Indian Writing In English-Times Of India The Collected Short Stories Leaves The Reader In A Delightful, Incoriated Trance -Sunday Chronicle He Is Not An Ordinary Short Story Writer&Collected Stories} Is Delightful Reading'-Hindustan Times

This document is a brief summary of the Institute of Medicine report entitled When Children Die: Improving Palliative and End-of-Life Care for Children. Better care is possible now, but current methods of organizing and financing palliative, end-of-life, and bereavement care complicate the provision and coordination of services to help children and families and sometimes require families to choose between curative or life-prolonging care and palliative services, in particular, hospice care. Inadequate data and scientific knowledge impede efforts to deliver effective care, educate professionals to provide such care, and design supportive public policies. Integrating effective palliative care from the time a child’s life-threatening medical problem is diagnosed will improve care for children who survive as well as children who die-and will help the families of all these children. The report recognizes that while much can be done now to support children and families, much more needs to be learned. The analysis and recommendations reflect current knowledge and judgments, but new research and insights will undoubtedly suggest modifications and shifts in emphasis in future years.

In this unique and compassionate guide, renowned grief counselor Helen Fitzgerald turns her attention to the special needs of adolescents struggling with loss and gives teens the tools they need to work through their pain and grief. Although the circumstances surrounding a death are difficult to handle at any age, adolescence brings with it challenges and struggles that until now have been largely overlooked. Writing not only about but also for teenagers, Fitzgerald adeptly covers the entire range of situations in which teens may find themselves grieving a death, whether the cause was old age, terminal illness, school violence, or suicide. She helps teens address the gamut of strong and difficult emotions they will experience and the new situations they will face, including family changes, issues with friends, problems at school, and the courage needed to move forward with one’s own life. Using the clear and accessible format that has made The Mourning Handbook and The Grieving Child enduring and helpful classics, Fitzgerald guides teens through everything from the death to the funeral, from the first day back at school to the first anniversary of the death. Above all, she lets teens know that even in their darkest hour, they are not alone.

Discover William Maxwell’s classic, heart-breaking portrait of an ordinary American family struck by the 1918 Spanish Flu pandemic ‘A story of such engaging warmth that it would thaw the heart of any critic... Will melt many a reader to tears’ TIME Elizabeth Morison is an ordinary woman. Yet, to eight-year-old Bunny, his mother is the centre of his universe. To Robert, her elder son, she is someone he must protect against the dangers of the outside world. And to her husband, James, she is the foundation on which his family rests and life without her is unimaginable. As the dark winter of 1918 dawns and the shadow of Spanish flu starts to disturb day-to-day life, a moving portrait of Elizabeth takes shape, set against the lives and fate of the Morison family. ‘As you read They Came Like Swallows, you catch yourself from time to time being astonished at how tightly you’re gripping the pages... There isn’t a word that has dated. It could have been written yesterday, or tomorrow’ Nicholas Lezard, Guardian

Whether a death is sudden or anticipated, losing a loved one shakes us to our very core, destroying our belief in a just, safe, and predictable world. Grief often changes us quickly both physically and mentally. It is like being kidnapped and suddenly transported to a foreign land without luggage, a passport, or the language to make sense of what’s happening. Even if you have a road map for getting through the pain and anguish, you still have to take the trip. The purpose of this book is to help you find threads of hope that will assist your recovery and help you carry on. By sharing inspirational stories, personal experiences, and professional advice from contributors to theOpen to Hope website, we trust that you will be comforted and inspired by learning how others dealt with their losses, what they saw as roadblocks, and how they handled them as well as what it has taken for them to not only survive, but thrive. We want to help you resume leading the life that you were meant to live—a life of satisfaction and one driven by a belief in your own personal power for change.

In his revelatory, authoritative portrait of Donald J. Trump, and the social family that made him, Mary L. Trump, a trained clinical psychologist and Donald’s only niece, shines a bright light on the dark history of their family in order to explain how her uncle became the man who now threatens the world’s health, economic security, and social fabric. Mary Trump spent much of her childhood in her grandparents’ large, imposing house in the heart of Queens, New York, where Donald and his four siblings grew up. She describes a nightmare of traumas, destructive relationships, and a tragic combination of neglect and abuse. She explains how specific events and general family patterns created the damaged man who currently occupies the Oval Office, including the strange and harmful relationship between Fred Trump and his two oldest sons, Fred Jr. and Donald. A firsthand witness to countless holiday meals and interactions, Mary brings an incisive wit and unexpected humor to sometimes grim, often confounding family events. She recounts in unsparing detail everything from her uncle Donald’s place in the family spotlight and Ivana’s penchant for reffixing to her grandmother’s frequent injuries and illnesses and the appalling way Donald, Fred Trump’s favorite son, dismissed and derided him when he began to succumb to Alzheimer’s. Numerous pundits, armchair psychologists, and journalists have sought to parse Donald J. Trump’s lethal flaws. Mary L. Trump has the education, insight, and intimate familiarity needed to reveal what makes Donald, and the rest of her clan, tick. She alone can recount this fascinating, unnerving saga, not just because of her insider’s perspective but also because she is the only Trump willing to tell the truth about one of the world’s most powerful and dysfunctional families.

[A Suicide Bereavement Book for Children and Parents](#)

[On Grief and Grieving](#)

[When a Parent Dies](#)

[The Witches](#)

[The Gentle Art of Swedish Death Cleaning](#)

[Improving Palliative and End-of-Life Care for Children and Their Families: Summary](#)

[Open to Hope](#)

[Children and Grief](#)

[Adult Grief When Parents Die](#)

[Hunt, Gather, Parent](#)

[Children, when Parents Die](#)

The topics range from the psychological responses to a parent’s death such as shock, depression, and guilt, to the practical consequences such as dealing with estates and funerals.

Shortly before her death in 2004, Elisabeth Kjbler-Ross and David Kessler, her collaborator, completed the manuscript for this, her final book - a fitting completion to her work. Ku bler-Ross’s groundbreaking work On Death and Dying changed the way we think and talk about the end of life. Weaving together theory, inspiration, and practical advice, this book will profoundly influence the way we experience the process of grief.Available only in Nonfiction 4.

Drawing upon extensive interviews and assessments of school-age children who have lost a parent to death, this book offers a richly textured portrait of the mourning process in children. The volume presents major findings from the Child Bereavement Study and places them in the context of previous research, shedding new light on both the wide range of normal variation in children’s experience of grief and the factors that put bereaved children at risk. The book also compares parentally bereaved children with those who have suffered loss of a sibling to death, or of a parent through divorce, exploring similarities and differences in these experiences of loss. A concluding section explores the clinical implications of the findings and includes a review of intervention models and activities, as well as a screening instrument designed to help identify high-risk bereaved children.

The Sunday Times Bestseller ‘A beautiful book’ Giovanna Fletcher ‘Will stay with you long after you have put it down’ Jools Oliver ‘Bold, compelling... will blow you away’ Marina Fogle ‘Heartbreaking... such an important read’ Sarah Turner (The Unmumsy Mum) ***** What do you do when the unthinkable happens? Elle Wright had an admittedly easy pregnancy, and in May 2016 she and her husband welcomed their son, Teddy, into the world. Just a few hours later, they woke to find him cold and unresponsive, and the happiest day of Elle’s life had turned into every parent’s worst nightmare. Three days after delivering him into the world, she woke with Teddy as he took his last breaths, and tucked him in for the final time. Ask Me His Name is a moving account of Elle’s pregnancy, Teddy’s life, and what happens when a mother leaves hospital with empty arms. In the UK, 1 in 4 pregnancies end in loss, but conversations about the heartbreakingly frequent experience are few and far between. In this honest and hopeful exploration of mothering, Elle shows us how she navigated a parenthood no one had prepared her for. * A portion of the proceeds from the sale of this book will be donated to Tommy’s charity. Reg. (1060508) *

Millions of lives are damaged by the legacy of parental abuse. Most strikingly, parents build their children’s needs or overburdened them with guilt. Parents who were alcoholic or addicted to drugs. Parents who were exploitative and cruel, or simply indifferent and inadequate. When these children reach adulthood the damage done by their toxic parents manifests itself in depression, or difficulties with relationships, careers and decision-making. This landmark book, by bestselling author and psychologist Dr Susan Forward, confronts this painful legacy and shows why it is so difficult to put the past behind you. She offers effective alternatives for achieving inner peace and for freeing yourself from the frustrating patterns of your relationships with your parents. Filled with vivid case histories and testimony from adult children of toxic parents, this remarkable book also offers the self-help techniques Dr Forward has developed to change the lives of her patients. With this book as your guide, you will discover an exciting world of self-confidence, inner strength and emotional independence.

Döstädning, or the art of death cleaning, is a Swedish phenomenon by which the elderly and their families set their affairs in order. Whether it’s sorting the family heirlooms from the junk, downsizing to a smaller place, or setting up a system to help you stop misplacing your keys, death cleaning gives us the chance to make the later years of our lives as comfortable and stress-free as possible. Whatever your age, Swedish death cleaning can be used to help you de-clutter your life, and take stock of what’s important. Margareta Magnusson has death cleaned for herself and for many others. Radical and joyous, her guide is an invigorating, touching and surprising process that can help you or someone you love immeasurably, and offers the chance to celebrate and reflect on all the tiny joys that make up a long life along the way.

This intriguing narrative nonfiction reads like a novel but presents the true story of how two dysfunctional families dealt with the death of four aging parents. With each death, the dysfunction deepens and the story twists and turns into unexpected territory. This book is a must read for anyone struggling to cope with dysfunctional family members. Readers will meet the three twisted sisters and one bizarre brother of the narrator and her husband, Anne, the oldest sister, is a control freak of the highest order. Obey her and she will be kind and generous. Fail to follow her orders and you are shunned. She destroys her extended family and never looks back. Linda is brilliant but shy and socially awkward, dealing with a lifelong envy of her younger sister, the story’s narrator. Her acquiescence to her overbearing husband causes her to lose the little family she had. Nan is a bipolar, emotionally disturbed recovering drug addict. While she’s never been able to take care of herself, she rises to new heights of competence as her desperation compels her to torture her mother emotionally during her dying days in order to insure her own future. Ted is a convicted felon whose low self esteem causes him to commit despicable acts while he desperately seeks to prove his mother loved him best. He’s a narcissist without a moral compass or conscience. Their ac... what is intriguing in fictional characters but they’re real people doing unreal things to the people they are supposed to love. Both families wind up in court as the battle rages over money, love, and power. Readers will likely relate to much of the action as they recognize character traits they’ve seen in their own family members. Although the story is somewhat sad, it’s written with humor and with love. Tales From the Family Crypt provides insight into the complex web of family relationships. Similar to The Glass Castle by Jeannette Walls, or to Angela’s Ashes by Frank McCourt, or to Running With Scissors by Augusten Burroughs, Tales From the Family Crypt leaves readers wondering how the survivors go on to lead happy lives. But they do. A great read for anyone with a family and particularly compelling for those dealing with the illness and death of aging parents. As families gather to cope with death, relationships both weak and strong are challenged in new ways. Tales From the Family Crypt offers strategies that readers will find quite helpful as they seek to attain happiness amidst the difficult and sad times.

Discover the Keys to a Healthy Stepfamily Leading stepfamily expert Ron L. Deal reveals the seven fundamental steps to blended family success and provides practical, realistic solutions to the issues you face as a stepfamily. Whether married or soon-to-be-married, you’ll discover how to . Solve the everyday puzzles of stepparenting and stepchildren relationships · Communicate effectively with an ex-spouse · Handle stepfamily finances confidently. “Cook” your stepfamily slowly rather than expect an instant blend This revised and expanded edition has updated research and two new chapters with even more real-world advice on topics such as stepsibling relationships and later-life stepfamilies.

[Final Gifts](#)

[Nobody’s Child Anymore](#)

[Understanding the Special Awareness, Needs, and Co](#)

[How My Family Created the World’s Most Dangerous Man](#)

[Seven Steps to a Healthy Family](#)

[How It Feels When a Parent Dies](#)

[Learning to Live with the Loss of a Parent](#)

[Tales from the Family Crypt](#)

[The Invention of Hugo Cabret](#)

[When Aging Parents Die, Sibling Rivalry Lives](#)

[Inspirational Stories of Healing After Loss](#)

When a parent dies, most adults are seized by an unexpected crisis that can trigger a profound transformation. Using in-depth interviews and national surveys, Dr Umberson explains why the death of a parent has strong effects on adults and looks at protective factors that help some individuals experience better mental health following the death than they did when the parent was alive. This is the first book to rely on sound scientific methods to document the significant adverse effects of parental death for adults in a national population. Exploring the social and psychological risk factors that make some people more vulnerable than others, readers will come to view the loss of a parent in a new way: as a turning point in adult development.

In the indie rockstar Japanese Breakfast, an unflinching, powerful, deeply moving memoir about growing up mixed-race, Korean food, losing her Korean mother, and forging her own identity. ‘As good as everyone says it is and, yes, it will have you in tears. An essential read for anybody who has lost a loved one, as well as those who haven’t.’ Marie-Claire In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humour and heart, she tells of growing up in Eugene, Oregon; of struggling with her mother’s particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother’s tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the east coast for college, finding work in the restaurant industry, performing gigs with her fledgling band – and meeting the man who would become her husband – her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother’s diagnosis of terminal pancreatic cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Michelle Zauner’s voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, Crying in H Mart is a book to cherish, share, and reread.

Examining the psychology of mourning, common forms of parental loss, and medical, financial, and emotional consequences, this book addresses the psychological and practical realities of a parent’s death and offers insight and information on making the experience less stressful

This new edition covers the entire course of grieving, from the immediate aftermath of a parent’s death through to the point of recovery, paying particular attention to the many circumstances that can prolong and complicate mourning.

NEW YORK TIMES BESTSELLER The oldest cultures in the world have mastered the art of raising happy, well-adjusted children. What can we learn from them? ‘Hunt, Gather, Parent is full of smart ideas that I immediately wanted to force on my own kids.’ —Pamela Druckerman, The New York Times Book Review When Dr. Michaelaen Doucleff becomes a mother, she examines the studies behind modern parenting guidance and finds the evidence frustratingly limited and the conclusions often ineffective. Curious to learn about more effective parenting approaches, she visits a Maya village in the Yucatán Peninsula. There she encounters moms and dads who parent in a totally different way than we do—and raise extraordinarily kind, generous, and helpful children without yelling, nagging, or issuing timeouts. What else, Doucleff wonders, are Western parents missing out on? In Hunt, Gather, Parent, Doucleff sets out with her three-year-old daughter in tow to learn and practice parenting strategies from families in three of the world’s most venerable communities: Maya families in Mexico, Inuit families above the Arctic Circle, and Hadzabe families in Tanzania. She sees that these cultures don’t have the same problems with children that Western parents do. Most strikingly, parents build a relationship with young children that is vastly different from the one many Western parents develop—it’s built on cooperation instead of control, trust instead of fear, and personalized needs instead of standardized development milestones. Maya parents are masters at raising cooperative children. Without resorting to bribes, threats, or chore charts, Maya parents rear loyal helpers by including kids in household tasks from the time they can walk. Inuit parents have developed a remarkably effective approach for teaching children emotional intelligence. When kids cry, hit, or act out, Inuit parents respond with a calm, gentle demeanor that teaches children how to settle themselves down and think before acting. Hadzabe parents are world experts on raising confident, self-driven kids with a simple tool that protects children from stress and anxiety, so common now among American kids. Not only do they also Doucleff live with families and observe their techniques firsthand, she also applies them with her own daughter, with striking results. She learns to discipline without yelling. She talks to psychologists, neuroscientists, anthropologists, and sociologists and explains how these strategies can impact children’s mental health and development. Filled with practical takeaways that parents can implement immediately, Hunt, Gather, Parent helps us rethink the ways we relate to our children, and reveals a universal parenting paradigm adapted for American families.

Unlike most books on grieving the loss of a parent, Bartocci takes a comprehensive approach from caring for a dying parent through finding new meaning beyond grief. She writes from experience and offers poignant vignettes approaching hard questions with compassion and a wealth of practical wisdom.

Whether from a sudden accident or a slow, terminal illness, the death of a parent is devastating, and its effects often under-estimated. This book looks at the process of coping with a parent’s death in adulthood, from preparing for death to recognizing the different stages of grief, from nurturing the relationship with the surviving parent to harnessing new strength to carry on with life.

A guide to put your grief into context when a parent dies to help you come to terms with your loss Discover that your complex emotions and thoughts about losing a parent are normal In Loss of a Parent you will learn how your various emotions, changes to your life and the lives of those around you depend upon who you and are, the circumstances surrounding the death, the relationship you had with your parent, and your family circumstances. Learn what emotions and thoughts might come next, and how long you might expect to wait until things return to normal. The important thing to understand is that the death of a parent affects everybody differently, but there are some commonalities shared by people with similar experiences or circumstances. Whether your relationship was beautiful, fraught with conflict, or distant- this book has been written to help you, like countless people before you, understand the inevitable loss of a parent at some point during your lifetime. Here Is A Preview of What You’l Learn... How the end of a lifelong relationship may affect you Understanding the complex emotions of grief Unexpected thoughts and buried feelings Family dynamics and how these may change Regrets and difficult relationships How young adults may not be equipped to come to terms with the loss of a parent Strategies to heal yourself Strategies to heal your family Much more... Download your copy today

[When Children Die](#)

[Ask Me His Name](#)

[Too Much and Never Enough](#)

[Why Did You Die?](#)

[A Guide for Adults](#)

[They Both Die at the End](#)

[When Parents Die](#)

[The Outsiders](#)

[Transition to a New Adult Identity](#)

[Why Did Daddy End His Life? Why Did He Have to Die?](#)

[Death of a Parent](#)

A love story with a difference – an unforgettable tale of life, loss and making each day count in the NO. 1 BESTSELLING book of TIKTOK fame by Adam Silvera. On September 5th, a little after midnight, Death-Cast calls Mateo Torrez and Rufus Emeterio to give them some bad news: they’re going to die today. Mateo and Rufus are total strangers, but, for different reasons, they’re both looking to make a new friend on their End Day. The good news: there’s an app for that. It’s called the Last Friends, and through it, Rufus and Mateo are about to meet up for one last great adventure – to live a lifetime in a single day. Another beautiful, heartbreaking and life-affirming book from the brilliant Adam Silvera, author of More Happy Than Not, History Is All You Left Me, What If It’s Us and the Infinity Cycle series. PRAISE FOR ADAM SILVERA: ‘There isn’t a teenager alive who won’t find their heart described perfectly on these pages.’ Patrick Ness, author of The Knife of Never Letting Go ‘Adam Silvera is a master at capturing the infinite small heartbreaks of love and loss and grief.’ Nicola Yoon, author of Everything, Everything ‘Bold and haunting.’ Lauren Oliver, author of Delirium ‘A phenomenal talent.’ Juno Dawson, author of Clean and Wonderland Tessa has just a few months to live. So she compiles her bucket list, her To Do Before I Die list. Number one is sex. Released from the constraints of ‘normal’ life, Tessa tastes new experiences to make her feel alive while her falling body struggles to keep up. Heartbreaking yet astonishingly life-affirming, Before I Die will take you to the very edge.

The extraordinary #1 New York Times bestseller about the ability of books to feed the soul even in the darkest of times. Nominated as one of America’s best-loved novels by PBS’s The Great American Read, When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can’t resist–books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of I Am the Messenger, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with The Diary of a Young Girl by Anne Frank.” —USA Today DON’T MISS BRIDGE OF CLAY, MARKUS ZUSAK’S FIRST NOVEL SINCE THE BOOK THIEF.

«Гиневриный сад» – любимая классика для читателей всех возрастов, жемчужина творчества Фрэнсис Ходжсон Бернетт, роман о заново открытой радости жизни и личной силе. Мари Леннокс, жестоко и испорченное дитя высшего света, потеряв родителей в Индии, возвращается в Англию, на воспитание к дяде-заворнику в его поместье. Однако дядя находится в постоянном отъезде, и Мари начинает исследовать округу, в ходе чего делает много открытий, в том числе находит удивительный наемный сад, огороженный стеной, вход в который почему-то запрещен. Отсыкая ключ и потакая дверцу, девочка попадает внутрь. Но чьи тайны хранит этот загадочный садик? И нужно ли знать то, что находится под запретом?... Впрочем, это не единственный секрет в поместье...

[Crying in H Mart](#)

[Losing a Parent](#)

[Grieving, Caring, and Comforting when Parents Die](#)

[Toxic Parents](#)

[Learning to Live and Laugh Again after the Loss of my baby](#)

[They Came Like Swallows](#)

[A Guide for Teenagers and Their Friends](#)

[The Book Thief](#)

[Finding Meaning](#)

[The International No.1 Bestseller:](#)

[The Portrait of a Lady](#)